YOU CAN NOW CONNECT WITH MOMS PARTNERSHIP ONLINE!!

Visit our new website to get the latest in MOMS Partnership news and events. Meet the MOMS team, download our basic needs assessment, view photos from our community events, and more!

newhavenmomspartnership.org

Stay connected and show your support for MOMS Partnership by “liking” our Facebook page—the fastest and easiest way to stay up-to-date on everything MOMS Partnership!

MOMS Partnership on Facebook

Stop & Shop on Whalley Ave. to be the site of the 1st MOMS Hub

What is a MOMS hub?

◆ A “MOMS hub” is a solution center for mothers and their families co-located at local businesses and organizations in neighborhoods within the New Haven community.

◆ MOMS hubs will provide supports and resources for families to help reduce stress and increase and contribute to their overall health and wellness.

◆ The first MOMS hub will be located inside of the Whalley Avenue store. The missions of both the MOMS Partnership and Stop & Shop supports one another’s commitment to building strong relationships in the surrounding community and neighborhood in order to support family stability, and wellness for mothers.
New study looks to connect mothers to their babies, and their community using iPhone app.

New mothers may sometimes feel lonely after giving birth, making it harder to form a healthy mother-infant bond with their baby. “MoMba” is a social media application that connects new mothers locally. The app uses a motivational reward system to promote healthy mother-infant interaction, social connectedness, and community engagement. New mothers can earn tokens for completing interactive challenges, reading facts, and engaging with other mothers and their community. Tokens can then be redeemed for Wal-Mart credits.

We are looking for 25 pregnant women to participate in this study. Iphones will be provided.

To be eligible you must…
♦ Be 18 or older, and in your 3rd trimester of pregnancy
♦ Reside in New Haven
♦ Complete a 5 minute eligibility screening

Call us at 203-764-8125, or visit newhavenmomspartnership.org and click on the MoMba tab for more information.

MOMS Stress Management Classes to be Offered in Spanish

MOMS Partnership of New Haven está haciendo esfuerzos para que nuestra programa sea un recurso para muchas madres. Llega la hora que estamos ofreciendo las clases sobre el manejo del estrés. Las madres que hablan español en los tribunales de Farnam Courts y Quinnipiac Terrace pueden participar en el curso de 8 clases que les enseña a las madres y cuidadoras primarias las habilidades necesarias para gestionar y manejar el estrés. La clase es enseñada por una psicóloga, y una de las Embajadoras de Salud Mental de la Comunidad de MOMS Partnership of New Haven. Las madres y cuidadoras primarias pueden ganar $190 en tarjetas de regalo para su participación en la serie de 8 clases (una clase semanalmente). Dos pagos adicionales de $50 serían disponibles para el seguimiento de el curso cada 6 meses por 1 año después de graduarse.

Llame al 203-764-8125 para más detalles.

Entre los temas tratados en clase se incluyen:
♦ Maneras de resolver los problemas
♦ Cómo comunicarse de manera más efectiva
♦ Cambiar el proceso de reflexión personal
♦ Establecer metas personales
♦ Seguimiento de su estado de ánimo
Let’s Talk about Stress—MOMS Workshop focused on self care provides parents and childcare providers with a comfortable place to talk about their stressors

Caring for and teaching children is extremely rewarding and also the hardest and most important job anyone can do. As a parent or a provider, you face many demands and assume many roles that require careful time management, self-reflection, and decision making. This can be overwhelming and stressful. The New Haven MOMS Partnership offers a discussion based 1.5 hour workshop on how to understand and manage stress, while taking care of yourself in the process. Stress is a common experience; however, when it is compounded by other life challenges, taking it in stride requires a different level of comprehension and additional tools. Share your thoughts about ways to reduce stress, learn strategies for identifying it’s causes, and learn healthy ways to respond in a comfortable space with others who are facing similar challenges.

Workshops have been held at
- All Our Kin Eighth Annual Child Care Network Conference
- Parent University
- Wexler-Grant School
- Troup School
- Brennan Rogers School

Would you like us to host a workshop in your neighborhood or organization— or would you like to receive training on how to host one yourself? Please contact us at 203-764-8601.

Visit newhavennmomspartnership.org or “like” MOMS Partnership on Facebook to get information about the location of our next workshop.

MOMS Partnership Welcomes New Partners and Guide Team Members!!!!

MOMS Partnership is partnering with the Annie E. Casey Foundation with the goal of expanding and promoting workforce development for mothers and primary caregivers in New Haven. Financial stability is a key determinant of health outcomes. It is our belief that preparing more mothers to enter or re-enter the workforce with the proper skills and support they need will have a positive impact on overall family stability in New Haven.

The EPA works with multiple stakeholders to constructively and collaboratively address environmental and public health issues and concerns. EPA is working with the MOMS Partnership to integrate mental health interventions and environmental justice strategies, with the goal of repurposing blighted, contaminated land in low-resourced communities, and using that land for resources that provide support in basic needs and mental health.

Welcome to the Guide Team Eliza Halsey of All Our Kin!

Eliza Halsey, MPA is the New Haven Network Director for All Our Kin (AOK) where she is taking AOK’s New Haven programs to new heights. Eliza leads the New Haven staff as they grow and strengthen the Family Child Care Network in New Haven, and promotes All Our Kin’s mission in the community. Eliza will be joining us in our mission to support New Haven mothers, families, and neighborhoods—welcome!
New Haven MOMS Partnership

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Guide Team Member Organizations

All Our Kin
Clifford Beers Clinic
Housing Authority of New Haven
New Haven Health Department
New Haven Healthy Start
State of Connecticut Department of Children and Families
The Diaper Bank
Yale School of Medicine

THE NEW HAVEN MOMS PARTNERSHIP