In response to feedback we have received from mothers and caregivers in New Haven, MOMS Partnership is developing a new program that focuses on preparing women for employment and career advancement.

In order to provide the best quality services for mothers and families, we are asking our Stress Management Class graduates, along with mothers in the community, to complete a questionnaire around work readiness. The feedback we receive from the community will help to shape the structure of the program and the services it will provide.

If you are interested in completing our Workforce Development Questionnaire please give us a call at 203-764-8125.

FOLLOW-UPS FOR GRADUATES OF QUNINNIPIAC TERRACE STRESS MANAGEMENT CLASSES

If you participated in a Stress Management Class at QT and graduated July 2013, or December 2013, you are now due for a follow up!

Check in with our CMHAs, and earn $70 for completing follow up assessments. To schedule, call us at 203-764-8125.
ENROLL IN OUR NEXT STRESS MANAGEMENT CLASS AT MCCONAUGHY TERRACE

Are you a mom who’s carrying a lot on your back? Could you use a break in your day to focus on YOU?

MOMS Partnership and HANH are bringing stress management supports to your community, just for mothers. We are currently expanding our Stress Management Classes to the West Rock area. If you are a mother or primary caregiver who lives in McConaughy Terrace, you may be eligible to join.

We are currently enrolling for our fall courses. Mothers and primary caregivers can earn up to $380 for their participation. Light snacks and childcare are provided during the 8 week course. Ask us about how you can earn community service credits from housing authority while participating in our course.

Topics include:
- Steps to problem solving
- Communication styles
- How to balance stress and fun
- Pleasant activities
- Relaxation tips

WHAT NEW HAVEN MOTHERS ARE SAYING ABOUT MOMS STRESS MANAGEMENT CLASSES

OF 52 MOMS WHO HAVE COMPLETED THE CLASS...

50 out of 52 reported being satisfied

98% said they would recommend the class to a friend

Top 3 most important things moms’ learned in class
- (1) How to deal with stress
- (2) Breathing exercises
- (3) Problem Solving/Brainstorming
MOMS PARTNERSHIP WELCOMES NEW GUIDE TEAM MEMBER

The MOMS Partnership Guide Team welcomes our newest member Susan Weisselberg, Chief Wraparound Officer for New Haven Public Schools. Susan is the driving force behind Parent University and continues to encourage the district to think and act creatively around family engagement and partnership.

Susan's presence on the Guide Team represents an awareness of the importance of building relationships with parents in an effort to contribute to children’s academic success. It is our pleasure to welcome her to the partnership!

THE MOMS PARTNERSHIP MAIN OFFICE IS NOW LOCATED INSIDE OF THE TEMPLE MEDICAL CENTER

40 TEMPLE ST. SUITE 6B
NEW HAVEN CT, 06510
203-764-8125
New Haven MOMS Partnership

40 Temple St. Suite 6B
New Haven, CT 06510
203-764-8125
newhavenmomspartnership.org

Principal Investigator
Dr. Megan V. Smith

Project Director
Kia Levey, MSW
kia.levey@yale.edu

Clinical Director
Heather Howell, LCSW
heather.howell@yale.edu

Community Mental Health Ambassadors (CMHAs)
Cerella Craig
cerella.craig@yale.edu

Natasha Rivera-LaButhie
natasha.horn@yale.edu

Kimberly Streater
kimberly.streater@yale.edu

Guide Team Member Organizations

All Our Kin
Clifford Beers Clinic
Housing Authority of New Haven
New Haven Health Department
New Haven Healthy Start
New Haven Public Schools
State of Connecticut Department of Children and Families
The Diaper Bank
Yale School of Medicine