FALL 2015

CONNECT WITH MOMS PARTNERSHIP TODAY!

Like the MOMS Partnership page on Facebook

Go to www.newhavenmomspartnership.org for the latest in MOMS Partnership news and events. Meet the MOMS team, download our basic needs assessment, view photos from our community events, and more!

Visit one of our MOMS Hub locations
See page 2 for list of sites and hours

Call your neighborhood Community Mental Health Ambassador (CMHA)

West Rock - Stacy - 203-530-6070
Dwight - Cassandra - 203-815-3446
Hill - Suzan - 203-584-2775
Downtown/Other - LaQuanda - 203-584-8243

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C F Y L F V M F P S
M H K L Y R R V O S
O S I P I I E U S E
M W P L E M Q E I R
S A D N D H A N T T
H L D P I R D F I S
P S L O V E E M V C
Y H T L A E H N E Y

CHILDREN HEALTHY
FAMILY LOVE
FRIENDS POSITIVE
HAPPY MOMS
MOMS Partnership Hubs now open in New Haven neighborhoods

What is a MOMS Hub?

MOMS Partnership Hubs are one stop family solution centers geared towards family wellness. At the hubs, moms will find a variety of services such as skill-building classes and workshops focused on stress management and job readiness as well as other supports and resources for mothers and families. Hubs are community spaces designed to promote health and wellbeing of mothers and families. Hubs create safe locations in neighborhoods that are easy to access, and increases a mother’s connection to a wide-range of resources. Hubs are regularly staffed with a MOMS Community Mental Health Ambassador (CMHA), and a Site Coordinator who each possess a unique understanding of the needs of the New Haven

Stop & Shop Hub
150 Whalley Ave
CMHA: Cassandra Herrera
Site Coordinator: Natasha Rivera-LaButhie
(203) 764-7495

West Rock Author’s Academy Hub
311 Valley St
CMHA: Stacy Downer
Site Coordinator: Laura Lawrence
(203) 387-1876

Boys & Girls Club Hub
253 Columbus Ave
CMHA: Suzan Henriquez-Whitted
Site Coordinator: Gweniver Bell
(203) 764-7378

Downtown Hub
40 Temple St Suite 6D
CMHA: LaQuanda Evans - Smith
(203) 764-7374
EVERY MOTHER MATTERS

Inviting New Haven moms to come participate in our workforce readiness program!

The MOMS Workforce Program is a new program offered by the New Haven MOMS Partnership designed to provide mothers with the skills needed to better prepare themselves for quality employment opportunities. The 10-class Job Readiness Course will meet twice a week for 5 weeks for 90 minutes.

Eligibility requirements:

- A woman who is the parent, guardian, or primary caretaker of a child 18 years or younger, and
- A U.S. citizen or a non-citizen national.
- Some additional requirements (call for more information)

To learn more about the MOMS Workforce Program please contact LaQuanda at (203) 584-8243 or Stacy at (203) 530-6070 from our MOMS Partnership staff.

*Child care and light snacks provided, plus additional incentives for participation*

Are you a mom who’s carrying a lot on your back? Could you use a break in your day to focus on YOU? Join a MOMS’ Stress Management Class!

The New Haven MOMS Partnership is offering 8 sessions on maintaining a healthy mood, healthy thoughts, and healthy behaviors in the midst of day to day stressors. Topics include: Problem Solving, Communication Styles, Healthy Thoughts, Pleasant Activities, and MORE!

To be eligible you must:

- Be the mother or primary caregiver of a child under 18
- Complete our basic needs assessment and additional screenings to determine eligibility

*Child care and light snacks provided, plus additional incentives for participation*

If you live in Brookside or Westville Manor, please Contact Cerella 203-764-8125 (for Brookside), or Tequettta 203-764-6638 (for Westville Manor) for information about classes in those areas.

Eligibility criteria and incentives may be slightly different for these sites.
New Haven MOMS Partnership

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New Haven Health Department
New Haven Healthy Start
State of Connecticut Department of Children and Families
The Diaper Bank
The National Diaper Bank Network
Yale School of Medicine
New Haven Board of Education