13th Annual Yale NEA-BPD Conference: Prevention and Early Intervention for Borderline Personality Disorder: A GAP Initiative

May 5, 2017, 8:30am-4:30pm
Harkness Auditorium, Sterling Hall of Medicine, 333 Cedar Street
New Haven, CT

OVERVIEW: In our commitment to improving treatment outcomes and reducing suffering and stigma for those who suffer and their family members, NEABPD spearheaded the GAP Initiative, the Global Alliance for Prevention and Early Identification for Borderline Personality Disorder. GAP includes a growing number of international partners including Yale University and Yale-New Haven Psychiatric Hospital who are committed to advancing awareness of prevention, early intervention and treatment.

Our conference is aimed at mental health professionals, training clinicians and researchers, as well as those with lived BPD experience and their family members. Presentations are designed to make cutting edge research and practice accessible to both professionals and lay audience members, and ample time is provided for questions from the audience throughout the conference day.

LEARNING OBJECTIVES:
By the end of this course, participants will be able to:
1. Explain how distress and attachment styles interact with experiences of social exclusion, and neural responses to social rejection in children and adolescents;
2. List factors associated with BPD that contribute to increased risk for suicidal behavior;
3. Describe DBT for adolescence and parents/caregivers including Multi-Family Skills Training, Family Sessions, Parent Sessions, and the Middle Path skills module, and DBT STEPS-A, the new DBT in Schools initiative that offers primary, secondary, and tertiary prevention;
4. Summarize the findings of empirical research on the role of early intervention for BPD features;
5. Explain why it is important for graduate students and early career mental health clinicians to receive comprehensive education in the nature of BPD.
CONFERENCE SCHEDULE

8:30am-9am
Registration and Coffee

9:00am-9:15am
Welcome
Seth Axelrod, Ph.D., Perry Hoffmann, Ph.D., and Marie-Paule deValdivia, LCSW

9:15am-9:30am
Opening Remarks
John H. Krystal, MD

9:30am-10:30am
Title: Challenges of Social Exclusion in Children and Adolescents: Neural Responses, Expectations, and Distress*
Presenter: Michael Crowley, Ph.D.

10:30am-10:45am
Break

10:45am-11:45am
Title: Suicidal and Self-Injurious Behaviors in Adolescents with Borderline Personality Disorder Features*
Presenter: Shirley Yen, Ph.D.

11:45am-12:30pm
Title: Lived Experience Speakers*
Presenters: David Fitzpatrick, MFA, Author of Sharp: My Story of Madness, Cutting, and How I Reclaimed My Life; Family Member and Mother and Family Connections Facilitator

12:30-1:30pm
Lunch on your own

1:30pm-2:30pm
Title: BPD Early Intervention and Prevention: Targeted to Universal Applications of DBT with Youth
Presenter: Jill Rathus, Ph.D.*

2:45pm-3:45pm
Title: BPD: Intensive Interventions and the Road Ahead*
Presenter: Blaise Aguirre, MD

3:45pm-4:15pm
Panel Discussion to Integrate the Day’s Learning*

Presenters: Drs. Blaise, Crowley, Rathus, Yen, and lived experience speakers

4:15pm-4:30pm

Closing Remarks and Evaluations

This conference will provide 5.25 hours of educational programming and will offer 5.25 CE credits. Asterisks (*) indicate those portions of the program being offered for CE credit. Other aspects of the program are not being offered for CE credit.

Registration information is available at:
http://psychiatry.yale.edu/bpdconference

The instructional level is intermediate and mental health providers, including psychologists, are the intended audience.

The Psychology Section of the Department of Psychiatry of Yale School of Medicine is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychology Section of the Department of Psychiatry of Yale School of Medicine maintains responsibility for the program and its content.

Information about conflicts of interest have been disclosed by the participants and questions about this, the content, instructor credentials or other issues including special accommodations should be addressed to Allison Ponce, Ph.D., Director of Continuing Education at allison.ponce@yale.edu.